



HORNET TARGETS

“CAN I?”



HIGH SCHOOL FAMILY & CONSUMER SCIENCE

Discover · Explore · Practice · Create

Target #	Target	Can I?'s
1.1.1	I CAN identify the 5 areas of development.	<ul style="list-style-type: none"> • identify the 9 stages of development. • identify physical, social, emotional, moral development.
1.2.2	I CAN identify the 5 basic needs for which children depend on caregivers.	<ul style="list-style-type: none"> • recognize the basic needs caregivers need to provide throughout different developmental stages.
1.3.3	I CAN explain 3 ways to help guide behavior.	<ul style="list-style-type: none"> • recognize how to set limits on behavior. • recognize how/when to redirect behavior, give reminders, remove child from the situation.
1.4.4	I CAN identify characteristics that indicate personal readiness for becoming a parent.	<ul style="list-style-type: none"> • recognize financial parent readiness. • recognize emotional parent readiness. • recognize social parenting readiness. • know parenting rewards.
2.1.5	I CAN identify kitchen safety guidelines.	<ul style="list-style-type: none"> • describe 3 ways to prevent foodborne illness. • identify steps for preventing kitchen accidents.
2.2.6	I CAN identify proper nutritional needs of individuals.	<ul style="list-style-type: none"> • identify the proper food groups and portions. • create a meal with the proper nutritional guidelines.
2.3.7	I CAN demonstrate proper cooking techniques.	<ul style="list-style-type: none"> • demonstrate proper cooking techniques for muffins. • demonstrate proper cooking techniques for cinnamon rolls. • demonstrate proper cooking techniques for various cookies. • demonstrate proper cooking techniques to decorate cookies.
3.1.8	I CAN describe the 6 common types of housing structures.	<ul style="list-style-type: none"> • compare and contrast the different housing structures. • describe floor plan and the uses for a floor plan. • recognize blueprint symbols and patterns.
3.2.9	I CAN identify the principles, elements, and color schemes that are included in a design plan.	<ul style="list-style-type: none"> • Know the 5 elements of design. • know the principles of design. • know the 6 different color schemes.
4.1.10	I CAN identify the uses of basic sewing equipment and tools.	<ul style="list-style-type: none"> • list key elements on a sewing machine. • identify different types of fabrics. • name categories of fiber and yarn.
4.2.11	I CAN describe the tasks commonly accomplish by hand sewing.	<ul style="list-style-type: none"> • identify different types of hand sewing techniques. • perform different types of hand sewing techniques. • know examples of clothing repairs and alterations.