


OCTOBER MENU

CHANGE
A serving of milk & fruit is served with each meal

Students bringing their lunch may purchase a milk for 50 cents
Cereal & Toast are available for breakfast as a substitute to the menu item

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <u>Brkfst: Breakfast Burritos</u> Chicken Nuggets Sweet Potatoe Fries Seasoned Peas Fruit	2 <u>Brkfst: Scrambled Eggs w/Toast/Jelly</u> Bosco Sticks w/meat sauce Broccoli & Dip Cottage Cheese White Cake w/Strawberries	3 <u>Brkfst: Bacon/Egg/Cheese Biscuit</u> Chef Salad w/dressing Sun Chips Fruit Graham Crackers w/icing	4 <u>Brkfst: Cinnamon Roll & Yogurt</u> Beef & Bean Burrito Nacho chips w/Cheese Sauce Corn Fruit
7 <u>Brkfst: French Toast Stix/Sausage</u> Hot Dog on Bun Hash Brown Patty Carrots & Dip Fruit	8 <u>Brkfst: Sausage/grvy. Biscuit</u> Sloppy Joe on Bun Potatoe Wedges Spinich Salad w/shredded carr Fruit	9 <u>Brkfst: Omelet w/Cheese,Toast/Jelly</u> Chicken Fries Cheesey Potatoes Seasoned Green Beans Fruit Crisp	10 <u>Brkfst: Breakfast Pizza</u> Chili w/Crackers Grilled Cheese Sandwich Sweet Pickles Fruit	NO SCHOOL
14 NO SCHOOL	15 <u>Brkfst: Breakfast Burritos</u> Italian Dunkers w/Meat Sauce Seasoned Green Beans Cottage Cheese Jello w/Fruit	16 <u>Brkfst: Scrambled Eggs w/Toast/Jelly</u> Walking Tacos w/ diced tomatoes Spanish Rice Refried Beans w/cheese Fruit Crisp	17 <u>Brkfst: Bacon/Egg/Cheese Biscuit</u> Chicken Alfredo Garlic Bread Peas Fruit	18 <u>Brkfst: Cinnamon Roll & Yogurt</u> Pizza Romaine Salad w/shredded carrots Fruit Animal Crackers/Cookies
21 <u>Brkfst: French Toast Stix/Sausage</u> Salisbury Steak Mashed Potatoes/Gravy Glazed Carrots Fruit & Dinner Roll	22 <u>Brkfst: Sausage/grvy. Biscuit</u> BBQ Pork w/ Bun Tator Tots Seasoned Green Beans Fruit	23 <u>Brkfst: Omelet w/Cheese, Toast</u> Orange Chicken with sauce Fried Rice Stir Fry Vegetables Fortune Cookie & Fruit	24 <u>Brkfst: Breakfast Pizza</u> Goulash Garlic Bread Broccoli & Ranch Dip Fruit	25 <u>Brkfst: Donut & Yogurt</u> Sauce Refried Beans w/Cheese Corn Fruit & Ice Cream Cup
28 <u>Brkfst: Pancakes/Sausage</u> Cheeseburger French Fries Baked Beans Fruit	29 <u>Brkfst: Breakfast Burritos</u> Cheesy Garlic Bread w/Meat S Cottage Cheese Spinach Salad w/shredded carrots Fruit	30 <u>Brkfst: Scrambled Eggs w/Toast/Jelly</u> Chicken Nuggets w/Sweet&Sour s Cheesey Potatoes Seasoned Green Beans Pumpkin Bars w/Cream Cheese l	31 <u>Brkfst: Bacon/Egg/Cheese Biscuit</u> Ham & Cheese on Bun Sun Chips Carrots Raisins & Cookie	